## Fun Fact, September San Jose Elementary School Menu



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September 17th is	Mon	Tue	Wed	Thu	Fri
Constitution Day.	000000000000000000000000000000000000000	** Indicates This Month's		<b>1</b> Apple Cinnamon Texas Toast	2 Pancake Pup
	CHREER HERE	Featured Items	Visit nutrislice.com for Menu	Choose One:	Choose One:
September 17, 1787	St - St and	reatured items	& Nutrition Information	Chicken & Dutch Waffle	Pizza
the U.S. Constitution				Grilled Cheese	Potato Crusted Fish Sticks &
was signed by 39		SCHOOL BUS O		Cobb Salad	Corn Muffin Loaf
			nutrislice	Chicken Caesar Wrap	Chicken Popper Salad
Founding Fathers in	CALE TETERE		ridtholice	<u>Choose:</u>	Italian Sub <b>Choose:</b>
Philadelphia.	INTERNATIONAL LITERACY DAY		-	Tomato Soup	Green Beans,
	SEPTEMBER 8			Mixed or Tossed Side Salad	Veggie Dippers
We the People	r No Coho ol	6 Maple Pancake Minis	7 Chicken Biscuit	8 Apple Bosco Stick	9 Egg & Cheese Croissant
	5 No School	o Maple Paricake Minis	Choose One:	8 Apple Bosco Stick Choose One:	
gran de general de la constantina de la		School Favorites Day	Chicken Drumstick w/ Hush Puppy	Beef or Pork Tacos	<u>Choose One:</u> Pizza
		-	Macaroni & Cheese	Mini Calzones	Fish Cake Sandwich w/Cheese
DAILY BREAKFAST CHOICES		Cheese Pizza	Yogurt Parfait	Farmer's Salad	Chicken Caesar Salad
Choose up to 2 Grain Choices		Or	Ham & Cheese Croissant	Chicken Caesar Wrap	Italian Sub
such as cereal (=1), toast (=1),	** **********************************	Chicken Patty	Choose:	Choose: Marinara Cup	Choose:
mini pancakes (=2), glazed dunker (=2)			Sweet Potato Waffle Fries	Refried Fiesta Beans	Spinach or Collard Greens
OR			Sliced Cucumbers	Mixed or Tossed Side Salad	Veggie Dippers
Choose 1 Grain and 1 Meat	12 Banana Pancakes	13 Sausage Biscuit	14 Glazed Dunker	15 Bacon, Egg & Cheese Pizza	16 Apple Cinnamon Sausage Stick
<b>Choice</b> such as a breakfast	Choose One:	Choose One:	Choose One:	Choose One:	Choose One:
sandwich (=1G/1M) Must choose at least 1:	Hamburger or Cheeseburger	Featured Entrée:	Chicken Nuggets	Breakfast for Lunch	Pizza
Fruit or Juice	Turkey Pot Roast & Noodles w/Roll	** <u>Potato Turbate w/ Roll</u> **	Spaghetti & Meatballs	Cheesy Bread	Ocean Treasure Fish Nuggets Chicken Caesar Salad
May Choose 1: Milk	Veggie Double Dipper Salad Turkey & Cheese Hoagie	Pepperoni Stromboli Farmer's Salad, Jamwich Kit	Fruit & Yogurt Plate Ham & Cheese Croissant	Chef Salad Chicken Caesar Wrap	Italian Sub
DAILY LUNCH CHOICES:	Choose:	Choose: Sliced Carrots	Choose:	Choose: Marinara Cup	Choose:
Choose 1: Entrée	Corn Nibblets	Marinara Cup	Broccoli	Deli Roasted Potatoes	Oven Baked Beans
Must choose at least 1:	Veggie Dippers	Romaine Side Salad	Sliced Cucumbers	Mixed or Tossed Side Salad	Veggie Dippers
Fruit or Vegetable (may choose up to 2 servings	19 Blueberry Bash Mini Waffles	20 Scrambled Egg, Bacon & Biscuit	21 Cinnamon Roll	22 Apple Cinnamon Texas Toast	23 Pancake Pup
each of fruits & veggies	Choose One:	Choose One:	Choose One:	Choose One:	Choose One:
with their meal)	Chicken Sandwich	Featured Entrée:	Beef Dippers w/Rice	Chicken & Dutch Waffle	Pizza
Available Daily:	Pizza Crunchers	** <u>Herb Roasted Chicken w/Noodles</u> &	Stuffed Shells Marinara	Grilled Cheese	Potato Crusted Fish Sticks &
Meatless Entrée,	Chef Salad	Roll**	Fruit & Yogurt Plate	Cobb Salad	Corn Muffin Loaf
Cold Sandwiches, Entrée Salads,	Turkey & Cheese Hoagie Choose:	Corndog Farmer's Salad/Jamwich Kit	Ham & Cheese Croissant Choose:	Chicken Caesar Wrap	Chicken Popper Salad
Variety of Fruits & Juices	Crinkle Oven Fries	Choose: Oven Baked Beans	Broccoli	<u>Choose:</u>	Italian Sub
May Choose: 1 Milk;	Veggie Dippers	Romaine Side Salad	Sliced Cucumbers	Tomato Soup Mixed or Tossed Side Salad	Choose: Green Beans, Veggie Dippers
Low Fat White Milk,					veggie Dibheis
Fat Free Chocolate Flavored	26 Sausage Gravy Bagel	27 Maple Pancake Minis	28 Chicken Biscuit	29 Apple Bosco Stick	30 Egg & Cheese Croissant
or Skim Milk	<u>Choose One:</u> Max Sticks	School Favorites Day	Choose One:	Choose One:	Choose One:
	Mandarin Orange Chicken Bowl w/ Roll		Chicken Drumstick w/ Hush Puppy	Beef or Pork Tacos	Pizza
All menus are subject to change.	Chef Salad	Cheese Pizza	Macaroni & Cheese Yogurt Parfait	Mini Calzones Farmer's Salad	Fish Cake Sandwich w/Cheese Chicken Caesar Salad
We do our best to provide our customers with all of our planned	Turkey & Cheese Hoagie	Or	Ham & Cheese Croissant	Chicken Caesar Wrap	Italian Sub
options, however, occasionally	Choose: Marinara Cup	Chicken Nuggets	<u>Choose:</u>	Choose: Marinara Cup	Choose:
crops, weather & supplies have	Stir Fry Vegetable		Sweet Potato Waffle Fries	Refried Fiesta Beans	Spinach or Collard Greens
other ideas!	Veggie Dippers		Sliced Cucumbers	Mixed or Tossed Side Salad	Veggie Dippers

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